



AQUILANTI
viaggi

A medieval cooking tour of Italy!



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Special Features:

- *Accommodations at Villa Citerna*
- *Wine tasting*
- *Guided tours of Florence and Rome*



Welcome food and wine lovers to Italy!

On this tour you can find out about Italy's medieval dishes and cooking techniques, enjoy the company of Chef Giovanna Scappucci and her dear Italian friends as they introduce you to the wonders of the medieval food, wine and cooking lessons. If you have been dreaming of cooking, drinking Italy's

top red wines, strolling in the Florentine wine country and visiting famous Italian historical sites? Then let Aquilanti Viaggi help you discover the gastronomic wonders of Italy!

Our 8 day tour will be limited to 10 participants.

Included:

- *Transportation in Italy in an air-conditioned deluxe motorcoach*
- *7 nights accommodations at Villa Citerno*
- *Breakfast, lunch and dinner daily*
- *4 cooking classes*
- *Wine tasting*
- *Guided tour of Florence*
- *Guided tour of Rome*
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All airport/hotel transfers with the group, including tips to porters for baggage handling

Tour Itinerary:

Day 1 - Rome

Arrive in Rome! Assistance and transfer to Viterbo for drinks, dinner and rest at Villa Citerno.

Day 2 - Viterbo

Includes a morning breakfast and our first cooking lesson with Chef Giovanna Scapucci (Introduction to medieval cuisine). Lunch will follow the lesson and a guided tour of the city of Viterbo. Return to the Villa for dinner and rest.

Day 3 - Viterbo

After the morning breakfast the group will have their second 3 hour cooking lesson with Chef Giovanna Scapucci. The lesson will be followed by lunch and an afternoon visit to the Palazzo Farnese in Caprarola. Dinner will be held in a private home.

Day 4 - Viterbo

After the morning breakfast the group will have their third 3 hour cooking lesson with Chef Giovanna Scapucci. The lesson will be followed by lunch and an afternoon visit to the SPA in Viterbo. Dinner will be held at the Richiastro Restaurant.

Day 5 - Florence-Viterbo

After the morning breakfast the group will depart for Florence and visit its most famous monument and treasures. Highlights include a visit to a local winery, followed by a lunch at the Agriturismo. The group will then depart for Viterbo and return to the Villa for dinner and rest.

Day 6 - Rome-Viterbo

After the morning breakfast the group will depart for Rome and take a guided tour of its most famous monument and treasures, followed by a lunch at local Roman Trattoria. The group will then depart for Viterbo for dinner in a private home and rest at the Villa.

Day 7 - Viterbo

After the morning breakfast the group will visit a typical Italian "Mercato all'Aperto" followed by the fourth and final cooking lesson with Chef Giovanna Scapucci. The afternoon will include leisure time to visit Viterbo's famous shops and historical monuments. Dinner will include a farewell Graduation Celebration.

Day 8 - Viterbo-Rome

After the morning breakfast, the group will return to Rome and transferred to Fiumicino Airport. *End of Service*